



2023-2025

**Mount Sinai**  
MEDICAL CENTER

# Community Health Improvement/ Implementation Plan

Miami-Dade County, FL

**Table of Contents**

Perspective / Overview ..... 3

    About the Miami-Dade Community Health Collaborative ..... 3

    Most Significant Community Health Needs..... 3

    Community Health Improvement/ Implementation Plan 2023 ..... 4

## Perspective / Overview

### About the Miami-Dade Community Health Collaborative

Four organizations came together to create a comprehensive community health needs assessment for Miami-Dade County: University of Miami Health System, Jackson Health System, Mount Sinai Medical Center, and Nicklaus Children's Hospital. The collective impact this group can make is much greater than each one acting separately.

The Community Health Needs Assessment (CHNA) defines priorities for health improvement, creates a collaborative community environment to engage stakeholders, and an open and transparent process to listen and truly understand the health needs of the community served by Mount Sinai Medical Center (Miami-Dade County, FL). This document is the Mount Sinai Medical Center (MSMC) Implementation Plan outlining how the hospital plans on addressing significant health needs in the community.

The CHNA is contained in a separate document.



### Mount Sinai Medical Center Mission:

*To provide high quality health care to our diverse community enhanced through teaching, research, charity care and financial responsibility.*

### Most Significant Community Health Needs

The following needs were prioritized by attendees at the Community Health Summit. Using a nominal group technique, each attendee received five votes and voted via Mentimeter. The number of votes appears after each health need.

1. Access to healthcare - 62
2. Mental health -49
3. Income inequality/financial stability - 48
4. Housing - 46
5. Access to affordable health insurance - 42
6. Chronic diseases - 31
  - a. Heart disease - 20
  - b. Diabetes - 17
  - c. Cancer - 16
7. Nutrition/food insecurity - 28
8. Maternal/child health - 18
9. Transportation -17
10. Healthy weight - 16
11. Violence, injury, safety (tied) - 12
11. Sense of community, community building, trust (tied) - 12
12. Collaboration to meet needs - 11
13. Sexual health - 9
14. Physical activity (tied)- 6
14. Substance use (tied) - 6
15. Vaccinations (tied with next 2) - 2
15. Communicable diseases (tied) - 2
15. Stroke (tied) - 2
16. Nicotine use – smoking & vaping - 1

## Community Health Improvement/ Implementation Plan

To successfully make our community healthier, it is necessary to have a collaborative venture which brings together all of the care providers, citizens, government, schools, churches, not-for-profit organizations and business and industry around an effective plan of action. The community health needs assessment was completed previously and posted on Mount Sinai Medical Center’s website.

Based on the results of the CHNA, Mount Sinai Medical Center has selected three of the identified significant health needs to address.

1. Access to healthcare/Transportation
2. Behavioral/mental health
3. Chronic diseases

### Access to healthcare

***Goal 1: By 2026, work to identify municipal partners to provide transportation for healthcare access.***

Action – Identify bus and trolley routes

## Trolley



The city of Miami Beach operates a citywide trolley service which operates 15 hours a day, 7 days a week at approximately 20-minute average service intervals along each route.

There are four routes, with Mount Sinai being the end point on the Middle Beach Loop.

Brochures are given out to patients in need of local transportation.

More information can be found at:

[miamibeachtrolley.com](https://www.miamibeachtrolley.com)

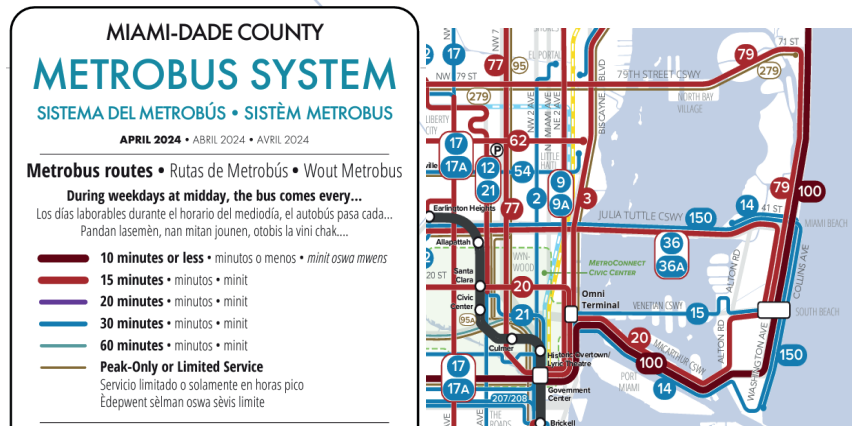
Courtesy of:

<https://www.miamibeachfl.gov/city-hall/transportation/trolley/middle-beach-loop/>

## Bus

Regular bus service is available through the Miami-Dade County Metrobus System.

See <https://www.miamidade.gov/global/transportation/metrobus.page>

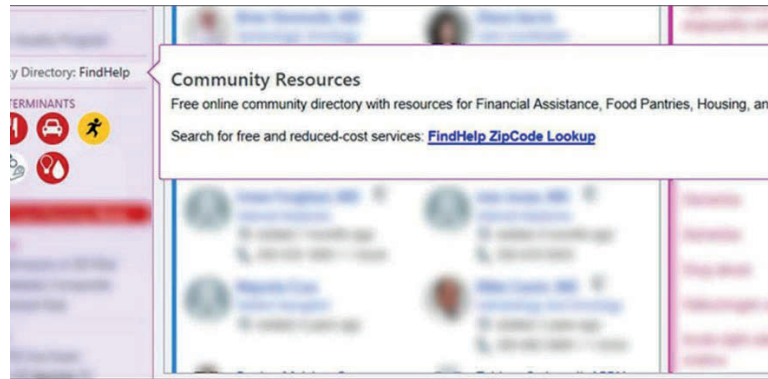


MSMC provides bus passes, as needed, for homeless and other populations without means.

**Goal 2: By 2026, identify and implement a community-based system to assist and link partners to needed community resources**

Designate Chief Medical Officer to serve as the health equity champion to create and lead a Healthcare Disparities Council. This council will conduct a health equity gap analysis and address potential solutions for priority populations.

Care Management, in collaboration with Nursing and Information Technology (IT) Departments, will work to implement a process for documentation and provision of community resources for patients identified to have Social Determinants of Health (SDOH) in Epic. We currently have FindHelp (Aunt Bertha) in Epic for case managers to easily look up resources.



The community resources provided by the Care Manager or Social Worker will appear on patients After Visit Summary upon discharge for future reference.

IT will be evaluating a resource library in Epic in 2025/2026 and building community relationships. Such as, a collaboration with the YMCA of South Florida. The YMCA has Epic connections and other resources to help connect patients.

***Goal 3: Increase the number of health providers in areas that lack access.***

Mount Sinai Medical Center routinely evaluates the community it serves and continues to expand its network accordingly.



Mount Sinai Eldercare recently opened in Hialeah. Eldercare is a federal and state sponsored Program of All-Inclusive Care for the Elderly (PACE). The service offers comprehensive medical, social and recreational services to adults over the age of 55 who are living with chronic illness or disability and need coordinated medical care to continue living as independently as possible at home or in the community. Mount Sinai Eldercare goal is to grow the number of participants and keep them as active and independent as possible living their best lives at home.



We are pleased to announce that Mount Sinai will be expanding our network of high-quality care in Miami-Dade County with the construction of a freestanding emergency center and specialty offices in Westchester. Opening in the Fall of 2025, the state-of-the-art four-story building is a continuation of our commitment to outstanding, accessible healthcare in South Florida.

With 110,755 square feet of total free space, the Westchester emergency center and specialty care building is both expansive and extensive. The emergency center will

feature 24 exam rooms to accommodate the community's needs. Additionally, dedicated ultrasound, MRI, CT scans, and X-ray rapid imaging services will be available — all with minimal wait times. The emergency center will accept both walk-ins and patients transported via ambulance, while the specialty care offices will increase patients' accessibility to our services.

## **Behavioral/mental health**

### ***Goal 1: Increase access to mental health care, improve lack of services and increase trained professionals***

The MSMC Behavioral Health Team works closely with multiple Miami-Dade organizations and community-based outpatient health facilities (Miami-Dade County Homeless Trust, Thriving Mind South Florida, Miami-Dade Behavioral Health Alliance, First Responder Education and CIT Support) that reach underserved and homeless populations. These important relationships are part of Mount Sinai's commitment to serving patients who may otherwise have no access to mental health care. The medical center is a Baker Act receiving facility, and those needing behavioral health services can seek treatment at our emergency centers in Miami Beach, Aventura, Hialeah and Westchester (coming soon).

#### **Inpatient Behavioral Health Services**

The Behavioral Health Department offers inpatient psychiatric services to adult and geriatric patients. This includes the treatment of a wide range of psychiatric illnesses and behavioral disorders, including major depression, bipolar disorder, schizophrenia, and psychosis. The goal is to create and maintain a quiet, safe, and supportive environment that fosters healing and growth so patients can return to the community in a healthy way.

#### **Partial Hospitalization Program (PHP)**

A nonresidential treatment program, the Partial Hospitalization Program offers intensive services traditionally found in an inpatient program, but in a less than 24-hour setting. These services include therapy with a mindfulness approach, nursing service, psychiatric evaluation, and medication management, as well as group, individual, and family therapy.

#### **Intensive Outpatient Program (IOP)**

The Intensive Outpatient Program is a moderate-intensity program designed to help people with mental health and substance use issues acquire coping skills to engage in and maintain recovery while improving the quality of their lives. The IOP can serve as a step down from residential or partial hospitalization level of care, or it can provide support and structure to prevent further deterioration when less intensive outpatient services cannot adequately meet the patient's needs.

#### **Long Acting Injectable Clinic (LAIC)**

The Long Acting Injectable Clinic provides onsite administration and onsite monitoring of long-acting antipsychotic medications for treatment of patients suffering from a wide variety of psychotic disorders. Our team works together with the patient to provide the best service and ensure medication compliance to prevent relapses, deterioration, and prevent the need for re-hospitalization.

#### **Psychiatry Residency**

Mount Sinai is one of eight Psychiatry residency programs in Florida. The program is ACGME (Accreditation Council for Graduate Medical Education) accredited as a four-year program with three slots per PGY (post-graduate).

## Chronic diseases

Mount Sinai's focus related to chronic diseases remains to be on prevention, detection, education, and emotional support.

### **Cancer**

Cancer remains a leading cause of death. Mount Sinai's Comprehensive Cancer Center, affiliated with Columbia University, is a nationally recognized, award-winning cancer treatment program that embraces a collaborative, multidisciplinary approach to diagnose and treat nearly every type of cancer in adults. The only Ivy League-affiliated cancer program in South Florida, our team includes experts in medical oncology, radiation therapy, and surgery. Focused on the needs of each individual patient, our caring team develops a comprehensive treatment plan for each patient that addresses all aspects of their care and recovery.

In working to fulfil their mission to improve the well-being of the community, charitable visionaries Irma and Norman Braman, have partnered with Mount Sinai to provide all-encompassing, high-quality cancer treatment. The result is the Irma and Norman Braman Comprehensive Cancer Center, a legacy project for the family. The Irma and Norman Braman Comprehensive Cancer Center, in partnership with Columbia University Herbert Irving Comprehensive Care Center, is set to open in 2025 and will provide state-of-the-art care to its patients.

### **Medical Genetics Overview**

Clinical genetics is a medical specialty that focuses on identifying whether an individual person's genes are causing disease or influencing health conditions— for example, certain cancers and cardiac conditions. At Mount Sinai Medical Center, our genetics department focuses on helping patients identify their risk for certain genetically determined — or inherited — medical conditions. The team helps patients, after they have been diagnosed with a genetic condition, to better monitor or manage their health circumstances.

Due to resource limitations and lack of expertise, Mount Sinai Medical Center does not intend to address all of the significant health needs identified in the Community Health Needs Assessment.



# Community Health Needs Assessment for Miami-Dade County

Completed in collaboration with:

---

**Mount Sinai**  
MEDICAL CENTER

 **Stratason**  
A division of Syntellis